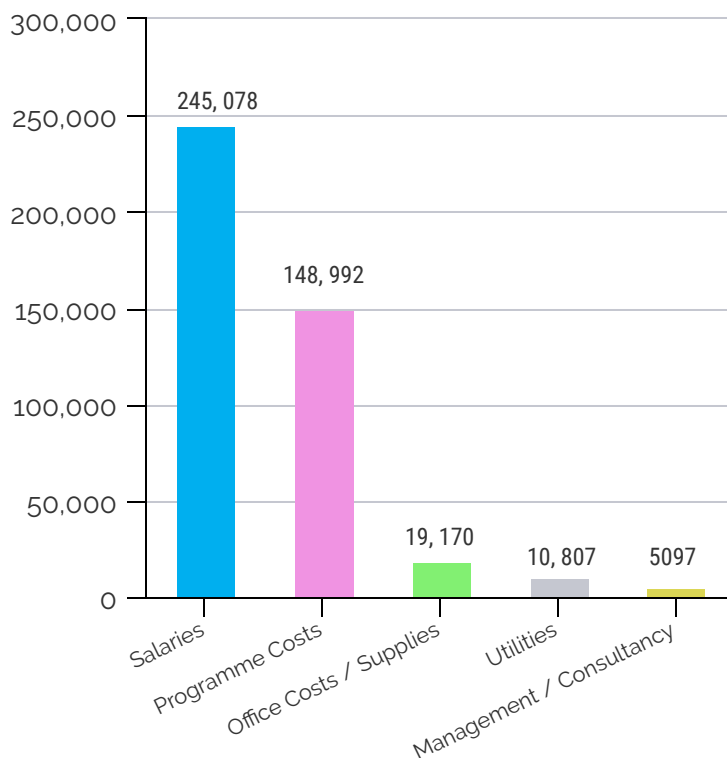
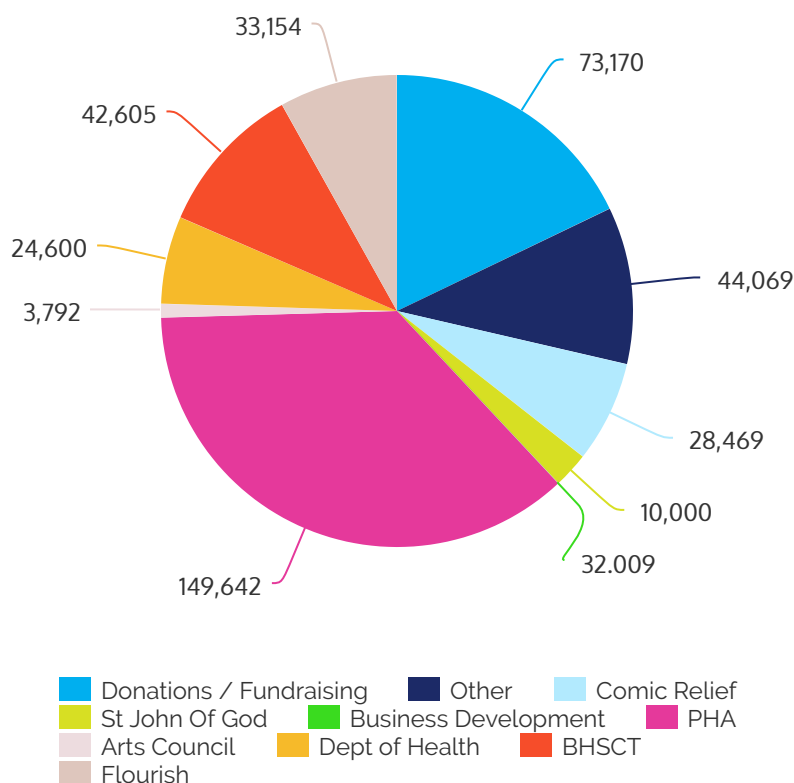


Financial Breakdown

● Total Income £441, 510

● Total Expenditure £429, 144



A WORD FROM OUR CHAIR

PETER GALLAGHER

Lighthouse has survived another year despite the intense pressure it has been put under over the last 12 months. The increasing referral rates, 1040 in 2017 and 808 in 2018, allied to the static funding and the reduction in voluntary contributions, has made it very difficult to continue the level of service historically provided or to expand services into areas, that we know need to be carried out.

The background of austerity has meant that the statutory agencies are cutting back on activities and tightening their referral criteria, in order to manage demand. They either consciously, or unconsciously, have facilitated referrals to voluntary organisations, including Lighthouse, who are expected to pick up the services no longer provided by the state. This is being carried out without any additional funding whatsoever. Because of the above, Lighthouse has had to introduce a number of emergency procedures to manage demand, including limiting referrals to the local postcode area and not accepting referrals from some statutory organisations, reemphasizing our community focus. Allied to this, Lighthouse has gone through its own review, looking at its function and fitness for purpose.

This led to a report being produced by Coach and Develop Ltd., with a series of recommendations, which are in the process of being implemented. We have also lost some directors, via retirement, and new members have joined. The aim being to ensure the board has the appropriate expertise to address any ongoing issues. The future for organisations like Lighthouse is fraught and it will require a major change in our role. We have to grow to survive! This means that we need to merge with all other organisations within our catchment area, to become an effective lobbying and procurement service, and to ensure our survival. The new board needs to begin to set a plan in place to start the process otherwise the larger players, coming into this procurement field, will overwhelm us.

Highlights & Achievements

- Healthy City Awards for Carezone work (Feb '19)
- Carezone Project Development (Ongoing)
- Community Funday (Aug '18)
- North Belfast Inspiration Youth Awards (Mar '19)
- Putting Suicide on the Workplace Agenda for: Firmus Gas/Ulster Bank/Jurys
- Flourish Clergy Project (Ongoing)
- Skydive - £11.5k raised! (June '18)
- Abseil - £3.7k (Oct '18)
- Comic Relief Video Screening (Mar '19)

Lighthouse would like to thank our directors, staff, fundraisers, partners, clients, funders, volunteers and friends of the organisation for their support and efforts in making this last year such a success.

AGM Report 2018-19



187 Duncairn Gardens, Belfast,
BT15 2GF Reg Charity: (NIC102400)

"A beacon of hope"

Our Vision, Mission and Values

Mission

To be an organisation at the heart of the community that works to prevent suicide and provides a beacon of hope to those affected by suicide.

Vision

An emotionally resilient community with positive mental health and fewer people at risk of suicide.

Values

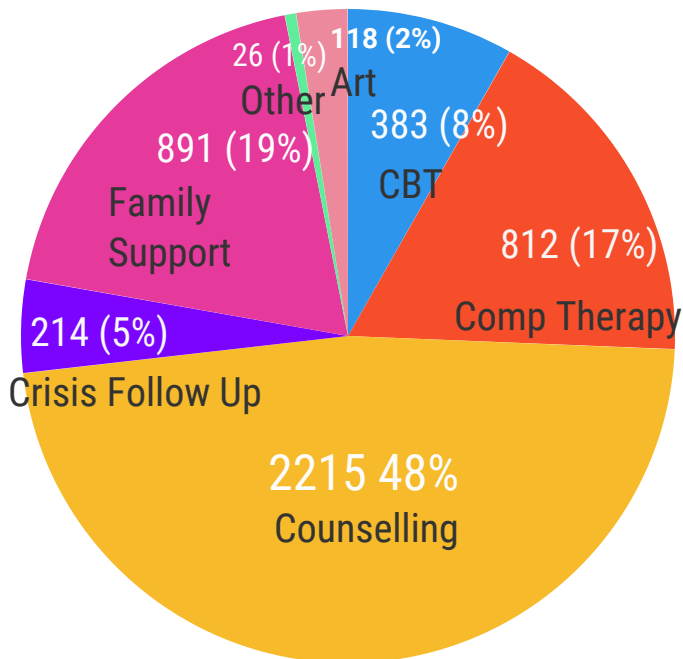
Integrity, respect, confidentiality and compassion will underpin everything we do.

Referrals (808)



● Belfast Trust Referral ● Crisis Call ● Face to Face
● Professional Referral ● Electronic

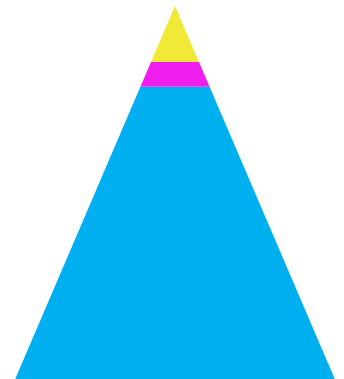
Service Breakdown



● CBT Counselling ● Complementary Therapy ● Counselling
● Crisis Referral Support/Follow Up ● Family Support One to One
● Other ● Art Therapy

Pattern of attendance.

Attended (79%) BLUE
Cancelled (6%) PINK
DNA (15%) YELLOW



Facebook Post Reach
 70,975 New likes 444
Twitter Impressions
 29,600 New Follows 342
Total Reach: 100,575
Now on Instagram: 206
followers.
7k website views

